

Dear Students,

As an epilogue to the celebration of International Yoga Day on 21 June, Yoga Olympiad is organised in the form of online Quiz competition for classes 6 to 12. Participants have to register on DIKSHA portal. The key points for the quiz are as follows-

1. Information like-Name, Class, DOB, Gender, Mobile Number (Parents/Guardians) and school Name will be required.
 2. Each question carry's one mark.No negative marking.
 3. Time limit is 20 mins.
 4. Answer keys will be published after the closure of the Quiz.
 5. The Quiz will be open for one month, starting on 21st June 2020 and will close on 20 July, midnight 2020. All the necessary guidelines for online yoga Quiz competition are available on www.ncert.nic.in.
- Keeping the aforementioned points in mind, I urge you to put your best foot forward and participate in the quiz with zeal and enthusiasm.

All the Best!

Principal