

Dear Parents,

I hope you are keeping well and by now are attuned to the new normal. This Pandemic has reminded us in more ways than one how important it is to remain healthy and active. Although we are afar, a perfect opportunity to be healthy together has materialised in the form of International Day of Yoga. June 21st is declared as "The International Day of Yoga" by United Nations. This year's theme is "Yoga at Home and Yoga with family". Everyone can join the celebration virtually at 7 am on June 21, 2020. Link- https://youtu.be/KH1Sdddt_h0. Keeping up with the PCS spirit, I hope for maximum participation from students and their family members.

Prayers and Blessings

Principal